

Name: _____

Nationality (or nationalities): _____

Countries visited: _____

Countries lived in: _____

Have you ever taken a Seminar A before?

yes / no

If 'yes,' please describe what course(s) were taken.

Do you consider yourself to be a "good cook"? yes / no

[Ask some follow-up questions related to this question and write the responses below.]

What do you consider to be a "balanced diet"? What sorts of foods make up a balanced diet, in your opinion?

Do you think you have a generally healthy diet? yes/ no

What have you eaten so far today?

If you ever lived abroad, or visited foreign countries, what kinds of food or food customs were you most surprised by?

[Explain the foods/ customs and the circumstances in which you encountered them.]

Do you eat meat? yes / no

Why or why not?

If you do eat meat, would you eat any of the following... [Check the ones your partner would eat.]

horse meat veal dog rabbit paté de foie gras
 monkey seagull squirrel hedgehog alligator

How did you decide which sorts of animals you would eat and which you wouldn't eat?

What do you think it means to be 'culturally sensitive' and do you think that you yourself are culturally sensitive?

Do you think that being "culturally sensitive" means that one should eat what a host has served you when you are on a home stay or visiting the home of a foreign friend...even if the food (or drink) is not something you like? yes/ no Please explain.

Have you ever been on a diet? yes/ no

If "yes," please explain the diet(s) you have been on, how long you stayed on them, and how successful they were.

Are there any food types that you especially avoid? (e.g., fatty foods, foods high in carbohydrates, very sweet food, vegetables) yes/ no
If yes, which types do you avoid and why?

What food cultures are you most interested in learning more about? What led to your interest in these cultures?

What does "Japanese cuisine" mean to you? For example, what images come into your mind when you hear that expression?

What is your favorite foreign cuisine? _____

Within that cuisine, what is your favorite dish? _____

What is your favorite restaurant in Tokyo (or in Japan in general)?

Describe the restaurant and what you like about it:

In your opinion, which countries have the worst cuisine? Why?

Do you think a vegetarian diet is better than a diet that includes meat? yes/ no
Why or why not?

Are there any foods that you would not eat as a child that you now like? Why do you think this is?

What foods do you think are most romantic? Why are they romantic?

What foods do you eat when you feel sick or depressed?

Do you think there's any connection between what you eat and the environment? yes/ no
If "yes," what do you think the connections are?

Do you know anything about the TPP negotiations? yes/ no
If "yes," what do you think a TPP agreement will mean for food and for farmers in Japan?

What do you most want to get out of this seminar?
