## Patient A: Role Sheet

Use the information in this profile when you consult with a "doctor" who will be taking your medical history in a role play. If you were not given information to answer a particular question that the doctor asks you, you may use your imagination.

Your name: Jean Johnson (23-year-old American from New York) exchange student at a Japanese university

- \* If you are male, you will play the role of a male. If you are female, you will do the role play as a female.
- \* Presenting Problem: Back pain (lower back)
- \* back pain started when doing a part-time job at a fast food restaurant; had to lift heavy trays and equipment
- \* in the States had x-rays and MRI of back taken
- \* now unable to bend down all the way or lift heavy things
- \* has been prescribed opioids (oxycodone / OxyContin) for back pain in the States
- \* pain improved after patient began taking drugs, but the effect of the drugs have diminished and the pain has returned
- \* patient is worried that (s)he may be becoming addicted to the medication
- \* has taken recreational marijuana in the past; smokes cigarettes occasionally
- \* has an allergy to novacain (a local anesthetic in medicine and dentistry)
- \* rather depressed and homesick since coming to Japan
- \* lives alone in university dormitory
- \* seldom gets exercise as (s)he dislikes it
- \* prone to accidents; has broken an arm and an ankle in the past
- \*mother has had cancer twice
- \* father had heart disease and two back surgeries