

Patient C: Role Sheet

Use the information in this profile when you consult with a “doctor” who will be taking your medical history in a role play. If you were not given information to answer a particular question that the doctor asks you, you may use your imagination.

Your name: Remington Chang (79-year-old retired business person from Singapore; in Japan as a tourist)

* If you are male, you will play the role of a male. If you are female, you will do the role play as a female.

* Presenting Problem: After spending two days touring Tokyo the patient started to feel fatigue, shaky, and irritable. Those around the patient said his/her skin was pale. Also reported being unusually hungry and sweat more than usual

* eating sweets seems to make some of the symptoms go away

* Was diagnosed as having diabetes at 45 years of age and has taken insulin for it since the age of 55. Lately, switched to the drug Glimepiride (Amaryl) in place of insulin

* Not in much pain but disoriented and feeling weak; has trouble walking and needs a cane

* has allergies to some foods, including shrimp, crab, and oysters. Also, has had bad reactions to some prescription medication, and even to over-the-counter medication, such as aspirin.

* usually does not drink alcohol but was tempted by sake and had a few drinks since coming to Japan

* has never taken drugs except for prescription medications

* came to Japan with spouse and tour group. Spouse was also not well, so couldn't provide much support

* both mother and father have had amputations of limbs due to diabetes.

* one sibling is on dialysis due to kidney disease caused by diabetes